



## January 2012 Reformer Schedule - Ambler Studio

Day	Time	Class	Teacher	Duration
<b>Monday</b>	9:30 AM	Reformer Class: Level I/II	Merissa	55 Min.
	10:30 AM	Reformer / Mat Fusion Class Level I/II	Merissa	55 Min.
	6:00 PM	Reformer Class: Level I/II	Merissa	55 Min.
	7:00 PM	Reformer / Chair Fusion Class Level I/II	Merissa	55 Min.
<b>Tuesday</b>	8:30 AM	Reformer Class: Level I/II	Kelly	55 Min.
	9:30 AM	Reformer / Chair Fusion Class Level I/II	Ann	55 Min.
	10:30 AM	Reformer Class: Level I/II	Merissa	55 Min.
	6:00 PM	Reformer Class: Level I/II <b>(New Teacher)</b>	Erin	55 Min.
	7:00 PM	<i>Intro. To Reformer Trial Class</i> <b>(New Class)</b>	Erin	55 Min.
<b>Wednesday</b>	8:30 AM	Wunda Chair / Mat Fusion Class Level I/II	Merissa	55 Min.
	9:30 AM	Reformer Class: Level I/II	Amber	55 Min.
	10:30 AM	Reformer Class: Level II/III	Amber	55 Min.
	6:00 PM	Reformer Class: Level I	Merissa	55 Min.
	7:00 PM	Reformer Class: Level I/II	Merissa	55 Min.
<b>Thursday</b>	8:30 AM	Reformer Class: Level I/II	Kelly	55 Min.
	9:30 AM	Reformer / Chair Fusion Class Level I/II	Merissa	55 Min.
	10:30 AM	Reformer Class: Level I/II	Merissa	55 Min.
	6:00 PM	Reformer Class: Level I/II <b>(New Class)</b>	Erin	55 Min.
<b>Friday</b>	9:30 AM	Reformer Class: Level I/II	Merissa	55 Min.
	10:30 AM	Wunda Chair / Mat Fusion Class Level I/II	Merissa	55 Min.
<b>Saturday</b>	9:00 AM	Reformer / Chair Fusion Class Level I/II	Merissa	55 Min.
	10:00 AM	Reformer Class: Level I/II	Merissa	55 Min.
<b>Sunday</b>	9:00 AM	Reformer Class: Level I/II	Francie	55 Min.
	10:00 AM	<i>Intro. To Reformer Trial Class</i> <b>(New Class)</b>	Francie	55 Min.

\* **Note:** Beginner 101 Series, Workshops & Other Special Events are not included on the monthly printed schedules. These activities can be found on our website, [www.TwistersYoga.com](http://www.TwistersYoga.com).

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